

The Second Arab Public Health Conference

PARTICIPANT'S GUIDE

CASABLANCA



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Your first day in Casablanca

LANDMARKS

General Information

Country: Kingdom of Morocco

Capital: Rabat

Largest city: Casablanca

Languages: Arabic, French, English (few people)

Population: Census of 2017: 35 740 000

Density: 50.0/km²

Demonym: Moroccan

Currency: Moroccan Dirham (MAD), 1\$≈8,5MAD

Time zone: UTC+1

Driving side: Right

Calling code: +212

Weather: The medium daily temperatures in April-May can get as low as 19 °C (66.2 °F)

About visa

Citizens of most Arab and other countries across the world **may not need a visa** to enter Morocco. However, **there are restrictions on some countries**.

Please check at time of registration and if you think your passport needs a visa please email us a copy at the time of the registration. The organisers will handle the visa on your behalf.



Moroccan flag



Coat of arms



The conference venue

The conference will take place at Mohamed VI University of Health Sciences (UM6SS).



UM6SS brings together six faculties and schools that offer training in health professions: Medical School, Faculty of Dentistry, Pharmacological Faculty, Faculty of Science and Techniques of Health, International School of Public Health and School of Biomedical Engineering.



UNIVERSITÉ MOHAMMED VI
DES SCIENCES DE LA SANTÉ
CASABLANCA

With a Health Center recognized for the quality of its training and research, the university links its activities to the **International University Hospital Cheikh Khalifa** (both are part of the Cheikh Khalifa Foundation), which is a private multidisciplinary hospital offering a wide range of medical care to ensure a complete and better quality service.



Hôpital
Cheikh Khalifa Ibn Zaid
SOINS FORMATION RECHERCHE

The plenary session will be held at the Congress Center of the university. Sessions and workshops will take place at different meeting and training rooms.



The Congress Center of UM6SS

Arrival at Mohamed V airport

After having done all the customs procedures and after having recovered your luggage, you go **outside of the airport** where you will find taxis that can take you to your hotel. Price: 300 MAD (~35 dollars).



Taxi to/from the airport

A **counter** of the "2nd Arab Public Health Conference" will be available at the airport for any assistance needed.

From your hotel to the airport

To go back to the airport, you should ask at the hotel to book a cab for you (which is different than the red cab of the city). The journey lasts 45min minimum and you should be at the airport at least 2h30 hours before your trip.

Price: 300 MAD (~35 dollars)

From your hotel to UM6SS

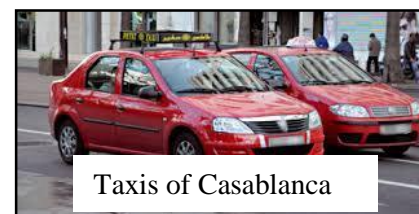
To attend the conference, you can take a cab from your hotel to UM6SS. Here is the address: **Mohamed Taib Naciri (in front of Cheikh Khalifa Hospital), Hay Hassani, Casablanca.**

The city center is 30 min far from UM6SS by cab.

You should keep in mind that Casablanca is a crowded city. There is usually traffic jam during peak hours.

Price: 25 MAD (~3 dollars) depending of the location of your hotel.

When you take a taxi please **insist on their meter turn on**. It is the law in Morocco.



Taxis of Casablanca

Please note that taxis in Casablanca are different than taxis of the airport. Also, there is **no "Uber" in Morocco**. It used to be in Casablanca but stopped recently.

Transportation provided by the organizers

Shuttle buses will be scheduled to provide transportation between the city center and the conference venue.

The shuttle program and the meeting points will be communicated to participants few days before the conference

A SELECTION OF OFFERS

5* hotels

Hotel	Website	Average Price
Four seasons	www.fourseasons.com/casablanca/	≈400,00\$
Movenpick	www.movenpick.com/fr/africa/morocco/casablanca/	≈300,00\$
Casablanca Hôtel	www.lecasablanca-hotel.com/	≈300,00\$
Le Doge	www.hotelledoge.com/	≈300,00\$
Kenzi Tower	www.kenzi-hotels.com/kenzitower	≈200,00\$
Le Palace d'Anfa	www.lepalacedanfa.com	≈150,00\$

4* hotels

Hotel	Website	Average Price
Barcelo	www.barcelo.com/fr/barcelo-hotels/hotels/maroc/casablanca/	≈120,00\$
Club Val d'Anfa	www.valdanfahotel.com	≈120,00\$
Idou Anfa	www.idouanfahotelcasablanca.com	≈100,00\$
Gauthier	www.hotelgauthier.com	≈100,00\$

You can also visit some of the well know web sites for competitive hotel booking (e.g. Booking.com; Trivago.co.uk; trip.net; airbnb.com; hotels.com; hoots-scanner.com; tripadvisor.com; etc)

USEFUL CONTACTS

SOS Doctors	(0)5 22 20 20 20
Information	160
Arabic Speaking Clock	171
National Office of Airports	080 100 02 24
Global Assistance	(0)5 22 95 93 00
Train (ONCF)	08 90 20 30 40
Royal Air Maroc	09 00 00 08 00
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A guide to enjoy the city

CASABLANCA



About Casablanca

Casablanca, Morocco's commercial centre, tends to come lower down on the tourism list, behind the likes of Marrakech and Rabat; however the city's French colonial legacy, entwined with the traditional Arab culture, ensures there's lots of diverse things to do and see. Alongside the art deco buildings, and old stone medina alleys, visitors can find museums, palaces, and the second largest mosque in the world.

The history of the city of Casablanca in Morocco has been one of many political and cultural changes. At different times it has been governed by Berber, Roman, Arab, Portuguese, Spanish, French, British, and Moroccan regimes. It has had an important position in the region as a port city, making it valuable to a series of conquerors during its early history. The original Berber name, Anfa (meaning: "hill" in English), was used by the locals, and Berber-speaking, city dwellers until the French occupation army entered the city in 1907 and adopted the Spanish name, Casablanca. "Anfa" now refers to the original old city quarters of Casablanca.

The city is now developing a tourism industry. Casablanca has become the economic and business capital of Morocco, while Rabat is the political capital. Located in the central-western part of Morocco bordering the Atlantic Ocean, Casablanca is the largest city in Morocco. It is also the largest city in the Maghreb, as well as one of the largest and most important cities in Africa, both economically and demographically.

Source: Wikipedia

Country: Morocco

Region: Casablanca-Settat

First settled: 7th century BC
Reconstructed: 1756

Government Mayor:
Abdelaziz El Omari

Area
City: 220 km² (80 sq mi)
Metro: 20,166 km²

Elevation: 0 to 150m (0 to 492ft)

Population (2014):
City 3,359,818
Rank 1st in Morocco
Metro 6,861,739

Demonyms: Casablancais,
Casawis, Beidawi

Time zone: UTC+1 (CET)

Postal code: 20000-20200

The must-see

HASSAN 2 MOSQUE

Completed in 1993 and located on a platform overlooking the Atlantic Ocean, the iconic Hassan II Mosque is the second-largest mosque in the world, and one of few open to non-Muslims (through selected guided tour opportunities lasting around an hour each). The mosque, which can accommodate up to 25,000 worshipers, offers Muslims the chance to pray on a glass floor, giving the unique feeling of praying directly over the sea. Everyone is welcome to admire the beautiful piece of architecture at any time from the spacious courtyard, which alone can accommodate a further 80,000 people.



Source: www.theculturetrip.com

THE CORNICHE

As peaceful during the day as it is lively during the night, the Corniche is a must-see for anyone discovering Casablanca. An ideal place for loitering as well as for entertainment, you will find at the Corniche all the ingredients to have a good time: several kilometers of cafés, restaurants, sports centers, movie theaters and shopping centers.

During your stay, treat yourself to some fresh air by going for a stroll or an early morning jog, directed by the rhythm of the sound of the waves, and the ocean as far as the eyes can see. At night, dancing takes over, to the rhythm of world music.



Source: www.wecasablanca.com

THE OLD MEDINA

Unlike in many Moroccan cities, the old part of town is surprisingly easy to pass by in Casablanca. There is the temptation to head straight out to the seaside to visit the Hassan II Mosque and beach area, however discovering the charm hidden behind the old city walls is a must on any trip to a Moroccan city. With its typical labyrinth style character, getting lost is undoubtedly easy, but with a bit of caution this can be a hidden beauty in itself. Indeed, it poses little risk as you'll soon find yourself at one end or the other of the old quarters. Experiencing the pace of daily life, with children running in the narrow streets and men smoking in cafés, you can join the shoppers in their search for traditional treasures, and find the little sights buried in the medina, such as the Berber Mosque.

Source: www.theculturetrip.com

QUARTIER HABOUS

The Habous neighborhood: calm, colorful, magical. A perfect place for those who love Moroccan authenticity. A real historical gem, not far from the majestic Royal Palace, the Habous neighborhood provides full immersion into the Casablanca of the past, rich with history and tradition.

In its narrow alleys, bordered with shops and bazars, time seems to have frozen.

With its typically Moroccan architecture, the Habous neighborhood was meant to accommodate the families of traders from various regions of Morocco. Hence, the new medina as we call it, was built to fully meet the style of a traditional medina, by combining Moroccan tradition and modern, town planning rules.

This is the ideal place to stock up on babouches, gandoras, tunics, belts, bags, olives, spices... The colors are bright, the smell of leather is everywhere.



Source: www.wecasablanca.com

For more suggestions, please visit this website:

www.vacationidea.com/destinations/best-things-to-do-in-casablanca

Shopping addresses

MOROCCO MALL

As the biggest mall in Africa, Morocco Mall has various brands that fit a range of budgets from affordable H&M and Zara to the luxurious Gucci and Luis Vuitton. You may also take a shopping break and marvel at the giant aquarium reminiscent of the Dubai Mall. Enjoy a food trip too as their restaurants range from burgers, sushi, and local cuisine. Morocco Mall truly has it all.



ANFA PLACE SHOPPING CENTER

Satisfy your shopping cravings at Anfa Place Shopping Center that features local brand, American brands, and a wide selection of restaurants. The mall is not too big that you would be tired walking around but big enough for a pleasant shopping experience.

One exit leads you straight to the beach where you can unwind after shopping.



THE OLD MEDINA

While technically known as a landmark rather than a market, the streets in the area have an array of shops competing for your attention. A variety of traditional goods awaits you like colorful Arabian carpets and leather products among other iconic items. It can almost be said you haven't gone to Casablanca without experiencing these markets. Get ready to beat your sales man's sales talk as most items do not have a price tag as they are meant to be haggled with for the best possible price.



Recommended food addresses

MOROCCAN DISHES

La Sqala

Breakfast – Lunch – Diner – Drinks

Price : 75 MAD – 285 MAD

Tel: +212 5222-60960

Adresse : Boulevard des Almohades

[Tripadvisor](#)

Al Mounia

Lunch – Diner

Serves Alcohol

Tel : +212 5222-22669

Adresse : 95 rue du Prince Moulay

[Tripadvisor](#)

FISH DISHES

Restaurant du port

Lunch – Diner

Serves Alcohol

Tel: +212 5223-18561

Adresse : Le Port de Peche

[Tripadvisor](#)

Taverne du dauphin

Lunch – Diner - Drinks

Serves Alcohol

Tel: +212 5222-21200

Adresse : 115 President Felix Houphouet

Boigny - [Tripadvisor](#)

MOROCCAN PASTRIES

Amoud

Pastries – Snacks - Chocolate

Adresse : Boulevard Massira Khadra

[Tripadvisor](#)

Patisserie Bennis

Traditional pastries

Tel : +212 522 303025

Adresse : 2 Rue Fkih El Gabbas | Quartier

Habous - [Tripadvisor](#)

SPECIAL MEALS

Rose Leon

Gluten free Pastries and Snacks

Tel : +212 666 160077

Adresse : Mohamed Sijilmassi

[Website](#)

Veggie

Vegan food, **Gluten and lactose free** options

Tel : +212 522 303025

Adresse : 2 Rue Theophile Gauthier

[Tripadvisor](#)



**ECOLE INTERNATIONALE
DE SANTÉ PUBLIQUE**
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