

Waleed Albedaiwi

MD,MPH,CIC,ABFM,SBFM

ABQAURP, FAIHQ

Assistant Professor and Consultant,

Primary Health Care and Quality, MNGHA and KSAUHS

Introduction

Efficient Primary Health Care is

- Pivotal to
 - High-quality
 - Accessible,
 - Efficient healthcare
- Associated with
 - Increased life expectancy
 - Reduced mortality

Scope:

- Promotion and disease prevention,
- Care for acute conditions,
- Diagnosis and management of chronic conditions,
- Follow-up care after hospital discharge,
- Care coordination.

4 in 10 patients

are harmed in primary and outpatient health care



Speak up for patient safety!





Introduction cont.

- Challenges:
 - Inappropriate prescribing
 - Poor communication and care coordination
 - Diagnostic errors and delays

Inappropriate prescribing

- Individual patient safety:
 - Negative outcomes
- Public health issues
 - Controlled drug abuse where prescribed
 - Antibiotic resistance

Inappropriate prescribing cont.

- Alleviation strategies
 - Surveillance:
 - Hypertension, Diabetes, Depression, and Insomnia.
 - Shared decision-making and increased patient engagement
 - Treatment options and medication risks
 - Polypharmacy benefit
 - Standardization and consistent framework
 - Medication Reconciliation

Poor Communication and Care Coordination

Significant

Jeopardize or delay the development of an accurate diagnosis and treatment plan

Affect timely follow up after discharge from hospital

Increase the risk of adverse events or complications

Increase the risk of hospital readmissions

Poor Communication and Care Coordination cont.

- Alleviation strategies
 - Automated alerts
 - Post-discharge phone calls
 - Bundled care coordination
 - Comprehensive care transformation
 - Explicit agreements

Diagnostic Errors and Delays

Both paediatric and adult populations

Missed cancer diagnosis

- Provider communication
- Difficulty scheduling follow-up appointments



Diagnostic Errors and Delays cont.

- Alleviation strategies
 - Target specific diagnostic errors
 - Toolkit for engaging patients
 - Interactive educational webinars
 - Provider coaching
 - Root cause analysis tools
 - Regular data collection
 - FMEA

Sub-strategies



114 tools identified



Use of technology



Be Prepared To Be Engaged



Create a safe medicine list together



Teach-back



Warm Handoff Plus



General quality improvement tools



Improving staffing



Jeddah Declaration on Patient Safety

2019



Relevant statements

Utilize	Utilize Digital Health to support Patient Safety across the globe
Promote	Promote Patient Empowerment & Community Engagement for Patient Safety
Implement and sustain	Implement and sustain National Reporting & Learning Systems for Patient Safety
Invest on	Invest on Workforce knowledge and safety as the drivers for Patient Safety
Learn	Learn from other industries

Areas for future work

Reliability VS burden

Fragmented healthcare delivery systems

Relationship between the primary care provider and the patient



References

- Transforming the organization and delivery of primary care. Agency for Healthcare Research and Quality website. https://pcmh.ahrq.gov/. Accessed February 18, 2020.
- McDonagh MS, Peterson K, Winthrop K, Cantor A, Lazur BH, Buckley DI. Interventions to reduce inappropriate prescribing of antibiotics for acute respiratory tract infections: summary and update of a systematic review. *J Int Med Res.* 2018;46(8):3337-3357. doi: 10.1177/0300060518782519. [PubMed]
- Llor C, Bjerrum L. Antimicrobial resistance: risk associated with antibiotic overuse and initiatives to reduce the problem. *Ther Adv Drug Saf*. 2014;5(6):229-41. doi: 10.1177/2042098614554919. [PubMed]
- Coronado-Vazquez V, Gomez-Salgado J, Cerezo-Espinosa de Los Monteros J, Ayuso-Murillo D, Ruiz-Frutos C. Shared decision-making in chronic patients with polypharmacy: An interventional study for assessing medication appropriateness. *J Clin Med*. 2019;8(6). doi: 10.3390/jcm8060904. [PubMed]
- Zulman DM, Haverfield MC, Shaw JG, et al. Practices to foster physician presence and connection with patients in the clinical encounter. *JAMA*. 2020;323(1):70-81. doi: 10.1001/jama.2019.19003. [PubMed]
- Jeddah Declaration on Patient Safety to shape safer systems for future generations 2–3 March 2019 | Jeddah, Kingdom of Saudi Arabia
- World Health Organization, G. Conceptual framework for the international classification for patient safety. In: Version 1.1 final technical report January. 2009; 2009
- Lawati MHA, Dennis S, Short SD, Abdulhadi NN. Patient safety and safety culture in primary health care: A systematic review. BMC Fam Pract 2018;19:104

Thank you!

Questions?

